

Scientific Spiritual Center "Swami"

Psychical self-regulation - Health - Righteousness in front of people and God - Cognition of God - Full spiritual Self-Realization

We studied God as scientists. Though we do not belong to any religious tradition, we fully accept all the best that was created in each of them. And we respect the words of God said by Him to people during the history of humankind on Earth.

The founder of the Center, Vladimir Antonov (Ph.D.) is the author of nearly thirty scientific-spiritual books. He started his scientific career in the field of biology (ecology), then moved to medicine and psychology (physiology and psychology of the reproductive function, neurophysiology, psychology of early development and principles of the behavior formation, psychical self-regulation, healing). He taught physiology in medical school and later -- the psychical self-regulation to physicians, psychologists, and everyone interested. Then he explored the multidimensional structure of the Creation being guided directly by God and using the knowledge preserved by humankind from ancient times to present days: works and scriptures of Indian, Chinese, Egyptian, early Christian, Persian, Arabic, and other seekers. Among the spiritual schools of our century the following ones were most helpful: investigations of G.Gurdjieff invoking "hydrogen scale" (the scale of grossness-subtlety of natural phenomena and conditions) and "crystallization" (quantitative growth of a subtle consciousness), the books of C.Castaneda ("bubbles of perception" and "places of power") and also the Teachings of Sathya Sai Baba and Babaji.

More than 30 years ago Jesus Christ blessed Vladimir Antonov to found a scientific-spiritual school guided by God. Jesus and also Krishna, Chaitanya, Huang-Di, Babaji, Sathya Sai Baba, Ngomo, David Copperfield, Juan Matus, Genaro, Rumi, Suria, Assyris, Ptahotep, Elizabeth Haich, apostle Philip, Annie Besant and other Highest Teachers became our closest Guides. We maintain a constant visual and verbal contact with Them. It is due to getting direct advices and instructions from Them -- not only theoretical instructions but also describing certain psycho-energetical and meditative techniques (methods of work with consciousness energy inside and outside the body including the layers of the multidimensional universe space) -- that we have managed to accumulate a very significant amount of knowledge about our Creator and Creation. Also have built a succession of methods for human self-perfecting, which allows every deserving spiritual seeker to follow this Path. In particular, we have a full set of "power places", which allow to master necessary meditations much more quickly and effectively than without using them.

Now the full structure of the multidimensional Creation is explored and cognized by us, as well as the Abode of the Creator and the Creator Himself. We have paved the Path for all of you -- regardless of your initial religious views -- to cognition of God, reaching the Perfection, and full Self-Realization (the realization of God inside you). We invite you to join us in following this Path.

Now we have got from God the instructions on expanding our activity outside of Russia and of the nearest countries to all human beings on the Earth.

Among the researchers and teachers of our Center there are people of different professions including a nuclear physicist, healers, experts in aesthetics and ecology.

We do not oppose ourselves to other spiritual schools that positively participate in the Evolution of the Universal Consciousness guided by God. On contrary, we propose to have a harmonic cooperation by exchanging the knowledge and methods. (We have what to give. And we also know what we must reach in future).

We offer the following program to those who seek a realization of all mentioned above:

1. Acquiring the necessary theoretical knowledge with the help of books ("How God Can Be Cognized. Autobiography of a Scientist, Who Studied God", "God Speaks. Textbook of Religion", "Spiritual Practices. (Training Aid)", "Spiritual Heart. The Religion of Unity", "Ecology of Human Being in Multidimensional Space", "The New Upanishad. Structure and Cognition of the Absolute").

2. Mastering the psychical self-regulation with the help of most efficient method (control of the self-status by distributing the concentration of the consciousness in the reflexogenic zones of the emotional-volitional system of the organism: in the chakras and main meridians) and treating (cleaning and development) of these main structures of the organism. Through this, one reaches principal health improvement and obtains a possibility to regulate his/her psychical status. In addition to this, students develop a clairvoyance ability (capability to see phenomena in other space dimensions), and ultimately they become healers.

3. For those students who successfully adopt the first two steps of the program, we offer an advanced program for further self-perfecting through: a) meditative techniques that refine the consciousness and ensure the growth of its energy; b) detailed investigation of the different layers of multidimensional space; c) personal and direct cognition of the Holy Spirit and the Creator.

Taking part in the School activity requires an ecologically healthy way of life (in the ethical sense as well). This includes close and harmonic relationships with nature, giving up egoistical tendencies, and at the same time a desire to serve God through serving people to the fullest of one's abilities. This work implies refusing from alcohol, tobacco, psychedelics and also ethically and bioenergetically inadequate nourishment (i.e. the one that includes bodies of killed animals).

Our aim is to bring everyone the true knowledge about the purpose of life on Earth and how to realize this purpose. We expound this knowledge on the modern scientific language understandable to everyone. Moreover we give a possibility for students to feel quickly and practically the effectiveness of this Path.

A brotherhood of all people under the guidance by our Pater -- the Creator -- plus a yearning to cognize Him (Who is cognizable!) and to unite ourselves with His Consciousness in Love -- this is our motto that agrees with His Expectations. We invite all scientific and religious organisations and everyone interested to collaborate with us. In particular, it is necessary to translate the books mentioned above into other languages (with subsequent publication). Also we are ready to initiate immediately the courses for students from other countries on our Russian base.

Education in our school is free of charge. But we are interested in receiving financial and other help.

Our motto:

**Healthy way of life,
Healthy religion,
Cognition of God.**

To communicate with us for getting the literature and information you can use the following E-mail address - swami@mail.ru, or the following post address:

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The founder of the Center and
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[main page](#)