

# ABOUT RAJNEESH

(a lecture before demonstration of video about Rajneesh)

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Rajneesh is one of our contemporaries (he left his body in 1990 at the age of 59) who in reality achieved the Divine Perfection and mastered the supreme Wisdom and Love, as well as got rooted in Brahman's dimension and obtained the ability to unite with Ishvara. The latter will be seen in the film. Needless to say, only those will be able to see this who are able of doing this. The rest will take pleasure and many will get cured. Video-devices as ordinary television, it turned out, imprint and transfer not only visual information but psychoenergetic as well.

In the films Rajneesh demonstrates most complicated meditations of buddhi-yoga. These are the dynamic variant of Nirvana in Brahman, Nirodhi and Nirvana in Ishvara as well as special meditative techniques on the basis of the first meditation designed for healing influence and "opening" of middle channels of disciples.

Rajneesh was born in India into the family of Jains. He received secular education, had the doctorate in philosophy and was conversant with diverse religious trends existing on Earth. He is an expert of the teaching of Jesus Christ, of traditional Indian, Muslim, Jewish teachings, of spiritual heritage of the schools of Gurdjieff and Juan Matus. He was a person of a very wide scope of knowledge.

When young he came across the book by Tilopa describing the meditative exercise of buddhi-yoga called "mahamudra". This is one of the means of dissolving one's consciousness in the universe, in the Absolute. The given meditation is absolutely inaccessible for those having no "crystallized" consciousness. But those who came into this incarnation with the correctly "crystallized" consciousness (among such people was Rajneesh), those (and only those) can through "instant enlightenment" (dwelt on with so much in Zen and Chan-Buddhism) suddenly get illumination and empirically attain to Truth which consists in the fact that Everything is God and I am consciousness, not a body, I am an inalienable part of God, and what is more, there is no myself as a separate being, there is only the Total Being - God.

Here is in what the Supreme Truth is. When a person becomes capable of perceiving it meditatively (not only intellectually) and learns to live and act in this state, - then he can be said to have achieved Perfection.

Having perceived considerable part of Truth owing to the book of Tilopa Rajneesh started trying to pass on this knowledge to other people. This start was quite unsuccessful. Unsuccessful - because it seemed to him - like to many other people in similar situation - that it is sufficient to explain others how to enter Nirvana and they will be able to do this at once.

But this is not possible. The reason is that almost all other people are on lower steps of the ladder of their ascent to Perfection. And they need other techniques of work over themselves. Disciples must be given possibility to ascend or to step with their own tiny efforts - that is the only way of helping them.

As we discussed above, this must be done along the three trends of spiritual work:

ethical, intellectual and psychoenergetic, accentuated namely in this succession.

Only that spiritual school yields high fruits which works with a great number of methods along these all three lines. Such were (among many others), for example, schools of Yogananda, Juan Matus and later of Rajneesh himself.

But in those young years Rajneesh preached: there is no need in education of schools and institutes, in developing one's mind as your intellects are inherent to your brains and brains will rot along with your bodies. What is required is expanding a consciousness, in as much as only it is eternal...

That the way to true immortality lies through development of consciousness is correct. But Rajneesh did not understand at that time that one can develop his consciousness only in case he possesses strong tonal (in words of Juan Matus) - that is body with powerful energetic plus wide intellect. Tonal must be strong to such an extent that he can withstand meeting with the Absolute "face to face". If attempts are made to teach the highest meditative techniques to unprepared people, they, in the best, do not understand anything and, at worst, their tonals fail to withstand and start to go to ruin. The most frequent example of the latter is development of psychopathology of schizophrenia type on the ground of mystical fear.

In later years Rajneesh understood that Perfection is the result of complex development of a person and that the highest meditative techniques are fit to those solely who performed enormous intellectual preparation. Then he organized courses of education "for all who wish", and started teaching the highest meditative techniques only to the selected disciples, prepared for this in all aspects. And those managed to master supreme knowledge firmly. These students with developed meditative capacities are well seen in the films among a number of just joyous disciples.

Rajneesh, as he formed in the result of his laborious life, is not only a great Master of meditation, but he is a great philosopher, a true Sage. The highest credit should be given to his "Mustard Seed" book where he analyses and comments apocryphal gospel of Jesus Christ from Thomas. I highly recommend this book to everyone.

#### **Bibliography:**

1. Rajneesh. Mustard Seed. - Har-Row, "Rajneesh Foundation", 1978.



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